

All Saints Church in Wales Primary School

Ysgol Gynradd yr Holl Saint yr Eglwys yng Nghymru

Friday 2nd May 2025

Welcome Back - Summer Term Blessings

Welcome back to the start of the summer term at All Saints C/W Primary School. We hope all our families enjoyed a peaceful and joyful Easter break, filled with time to rest, reflect, and celebrate the resurrection of Jesus Christ. As a Christian school, Easter remains one of the most special times in our calendar – a season of hope, renewal, and new beginnings. It has been a joy to welcome the children back and to see them settle so quickly, ready to embrace the term ahead.

This final term of the academic year is always a busy one, with many exciting learning opportunities, trips, celebrations, and moments to come together as a school community. We look forward to watching the children continue to grow academically, socially, and spiritually as they live out our school values each day.

As we enjoy the warmer weather, we ask all parents and carers to support us in keeping the children safe and comfortable in the sunshine. Please ensure your child comes to school each day with:

- •Sunscreen already applied in the morning
- A sun hat to wear during outdoor play and learning
- •A refillable water bottle to stay hydrated throughout the day

We are truly blessed to be part of such a supportive and caring school family. As always, thank you for your continued partnership in helping our children flourish.

Exciting News – Our New Sensory Garden and Playground Space!

We are thrilled to announce that our brand-new Sensory Garden and Outdoor Reflection Space is now complete and ready for the children to enjoy! Thanks to generous funding received through a successful application to the National Lottery.

This new area will provide a calm, nurturing environment on the playground for all our children to enjoy—a space to explore nature, reflect quietly, or simply take a mindful moment during a busy school day. In keeping with our child-centred ethos, we are working closely with our pupils to gather their ideas on how best to use and enhance this space so that it truly reflects their needs and interests. We look forward to seeing this exciting project develop and to the positive impact it will have on the wellbeing of our school community.

'As many hands build a house, so many hearts make a school.'
'Mae angen dwylo niferus i adeiladu ty , felly mae angen sawl calon i greu Ysgol'



All Saints Church in Wales Primary School

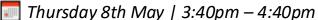
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Upcoming PTA Events – Mr Marvel!

We're thrilled to share details of two exciting PTA events happening this term, both featuring the brilliant Mr Marvel! These events promise to be full of fun and are a great way for children to enjoy time with friends after school.



Game Show Disco – Years 3 to 6







★ Magical Funshow – Nursery to Year 2

Thursday 15th May | 3:40pm – 4:40pm

11 £3 per child – includes drink and crisps (payable on the door)

🎇 Please note: all children attending this event must be accompanied by an adult.

We would really appreciate any help from parents and carers at either event – particularly with entry and handing out drinks and crisps. This helps us get the children settled guickly so they can enjoy the entertainment. If you're able to help, please contact Lauren or Jo at: Allsaintspspta@outlook.com



Please see the attached poster for more information.

Thank you for supporting our PTA and helping us create memorable experiences for our pupils!

Dates for the Diary

Monday 5th May - May Bank Holiday - school closed.

Thursday 8th May - PTA Event - Mr Marvel

Monday 12th - Friday 16th May - Y6 Residential Visit

Wednesday 14th May - Y4 Beach Academy Day at Whitmore Bay.

Thursday 15th May - PTA Event - Mr Marvel

Wednesday 21st May - Rec / Y1 & Y2 watching The Worst Princess @ Barry Memo

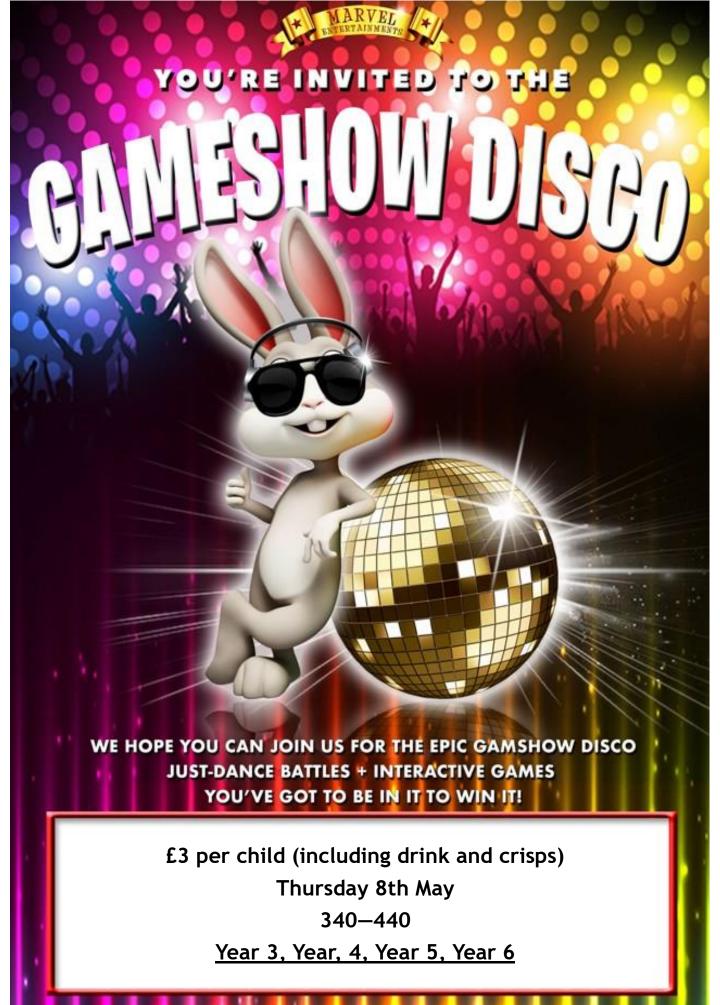
Thursday 22nd May - Rec - Y6 Sports Day @ Jenner Park

Monday 26th – Friday 30th May – Half Term Holiday

Monday 2nd June - Start of Summer Term B.







www.mrmarvellous.co.uk



YOU'RE INVITED TO THE

MEMARIEL MAGICAL FUN SHOW!



WE HOPE YOU CAN JOIN US FOR A SPECTACULAR MAGIC SHOW JAM PACKED WITH TRICKS, PUPPETS AND GUARANTEED GIGGLES!

£3 per child (including drink and crisps)
Thursday 15th May

3:40-4:40

Nursery, Reception, Year 1 & Year 2

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Keeping children's eyes healthy (Specsavers advice)

While its not possible for your child to stop using screens altogether- there are a few things you can do to help protect your child's eye health.

- To help set a reasonable limit you should think about the needs of your child and how much
 the use of screens seems to interrupt their other activities (Like social activities or sleep) Set a
 realistic screen time
- Follow the 20:20 rule- your child should look away from their screen every 20 minutes and look at something 20
 feet away for at least 20 seconds. This will relax their eye muscles and help reduce the risk of digital eye strain
- Adjust their screen positioning- make sure all digital devices or screens are at the correct distance for your child.
 The screen should be slightly below their eye level as looking at screens widens their eyes and dries them out quicker
- · Schedule some outside time-children should make the most of their outside breaks
- Stay Hydrated- water is important for every aspect of your health- and eye health isn't any different. Staying hydrated will help avoid dry eyes
- Establish media free times- to help reduce your child eye fatigue and remove fixation or reliance on digital services

 establish 'screen free' time in the evenings. Parents need to lead by example
- Book annual eye exams- Its is recommended that children have their eyes tested every year to ensure their eyes
 remain healthy during this important developmental stage. This is a FREE service for all children



Sunscreen and Sun Safety

Sunburn increases your risk of skin cancer. Sunburn does not just happen on holiday. You can burn in the UK, even when it is cloudy.

To protect children in the sun, make sure to:

- Encourage children to spend time in the shade between 11am and 3pm
- Never allow children to burn
- Ensure they are wearing suitable clothing and sunglasses
- · Apply sunscreen 30 minutes before going out

Know your sunscreen! When buying sunscreen make sure to read the label. Ensure your sunscreen is at least a factor 30 to protect against UVB and has at least 4-star UVA protection.

Did you know? Sunscreen has an expiry date, make sure to check this before applying.



5 ways to keep your child safe this Summer

1. Water Safety

Maintain consistent eye contact on kids in and around water, without distraction

2. Child safety helmet

Make sure your child wears a properly fitted bike or multi sports helmet every time they ride

3. Hydration

Encourage children to stay well hydrated by drinking plenty of water before during and after play

4. Playground safety

Visit parks with impact absorbing material under equipment and actively supervise them while they play

5. Hot carr

Never leave your child alone in a car, not even for a minute

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Sports libraries

Do you know about them?

Sports libraries are a great initiative to increase physical literacy for young people of all ages. It encourages young people to get outside more, improving concentration and memory, learning new skills, and increasing self-confidence.

Sports libraries allow members of the public to borrow sports equipment from the library such as,

- Table Tennis Sport Equipment
- Inclusive Multisport Equipment
- Boccia Sports Equipment
- Athletic Equipment
- Badminton Equipment
- Cricket Sports Equipment

They will be available at the following hubs,

- Fairwater
- Ely
- Grangetown
- STAR
- Llanrumney
- Powerhouse
- Rumney
- St Mellons

These items will be free to loan from the Hubs and libraries as long as they are a member of the library. It is quick and easy to sign up to the library if not.

Sports libraries | Cardiff Hubs : Cardiff Hubs



If your child is being electively home educated, please remember you can still access the school nursing service for support and advice on the contact numbers below.

Useful Contacts

EAST Cardiff School Nursing Team WEST Cardiff School Nursing Team VALE School Nursing Team

- 029 2183 3114

- 029 218 32204

- 014 4670 4114



Social Media

