

All Saints Church in Wales Primary School

Ysgol Gynradd yr Holl Saint yr Eglwys yng Nghymru

Friday 4th October 2024

föödbænk

Harvest

As part of our Harvest celebrations this year, we will be once again supporting the Vale foodbank.

The Foodbank have asked us to become 'champions' for a small number of much-needed items rather than the usual long list of items they need. This will help the Foodbank to target items that they are particularly short of, and as families, we hope it will also make it easier for you in terms of collection and storage. The three items the Foodbank have asked us to champion is: Tinned Fruit, UHT Milk and Cereal.

If you would like to donate and support the foodbank, please bring in your food donations on the morning of Thursday 17th October and place them safely in the designated area on the school playground. They will then be collected by the foodbank after our Harvest worship on Thursday 17th October.

Parent Consultation Evenings



As I hope you are aware, the dates for the Parent Consultation Evenings this term are Monday 14th & Tuesday 15th October. The appointments are no more than 10 minutes long and will be carried out by the class teacher in the school hall. We will be using the same system as we have used over the last few years. You will be able to book your own appointment time for your child online, but the actual appointment will be conducted in person. If you would like to book an appointment, please do so via the following link - https://allsaintspsbarry.schoolcloud.co.uk The booking appointment window will be open from 6pm this evening. If you have any issues, please contact the main office.

ASPS Gardening Project

We are delighted to announce the success of our recent gardening project, thanks to the hard work and dedication of our pupils, families, and community partners.

A special thank you goes out to the PTA, Keep Wales Tidy, staff and our enthusiastic Year 3 pupils for their incredible efforts in transforming this space into a beautiful garden that everyone can enjoy.

The PTA played a crucial role in organising and supporting the project.







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Hello Yellow Day

On Thursday 10th October we are asking the children to come to school wearing something yellow for Hello Yellow Day. This could be a yellow hat, a yellow t-shirt, a yellow ribbon or even a yellow banana costume! Hello Yellow Day is part of World Mental Health Day, and we would like to come together as a school to show young people that how they feel matters. We want to help create a future where all young people get the mental health support they need, when they need it, no matter what.

Show Racism the Red Card Day



On Friday 18th October we are asking the children to come to school wearing something red for the Show Racism the Red Card annual Wear Red Day. By coming together and wearing red, we can show that we can be the difference to help to Change Hearts, Change Minds & Change Lives!

PTA News

As you will have seen on the PTA newsletter, the PTA have already been very busy organising a number of exciting events for the year ahead. The first Rags2Riches collection will take place on <u>Monday 21st October</u>. Bags of clothes can be brought into school from Monday 14th – Friday 18th October. The bags can be dropped to the school entrance, either at morning drop off or afternoon pick up. Bags can also be left at the school entrance at breakfast club. Plans are already in place for the Christmas Fair on <u>Friday 6th December</u>.

PTA Autumn Disco

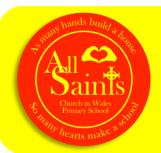
The PFA are pleased to announce that we will be holding an Autumn Disco at school on **Thursday 17th October** to raise funds for our wonderful children. Entrance fee is £2.00 per child and a variety of sweets and drinks will be available to purchase from 50p each. The disco will be split into two groups as follows:-

- 3.40pm 4.40pm Reception, Year 1, Year 2 (Please note all children must be accompanied by an adult)
- 4.45pm 5.45pm Year 3, Year 4, Year 5 and Year 6

Disco clothes optional, pay on the door and have fun dancing with your friends



AUTUAN DIECO



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Dates for the Diary

Wednesday 9th October - Year 6 basketball sessions @ WHS

Thursday 10th October – World Mental Health Day / Hello Yellow Day

Monday 14th & Tuesday 15th October – Parent & Carer Consultation Evening

Wednesday 16th October - Year 6 basketball sessions @ WHS

Thursday 17th October – Harvest Assembly & food donation collection.

Thursday 17th October – PTA Autumn Disco.

Friday 18th October – Show Racism the Red Card Day

Monday 21st October - Rags 2 Riches collection

Wednesday 23rd October - Year 6 basketball sessions @ WHS

Monday 28th October – Friday 1st November – Half Term

Monday 4th November – INSET Day – School closed to pupils.

Tuesday 5th November - Start of Autumn Term B 2024.

Tuesday 5th – Friday 15th November – Y6 swimming sessions

Wednesday 6th November – Parent / carer drop-in session with Neurodevelopment Team

Friday 8th November – Rec – Y6 Pupils Nasal spray flu vaccine.

Friday 8th November – School Ambassadors attending the Barry Remembrance Service.

Monday 11th November – Remembrance Day

Monday 11^{th} – Friday 15^{th} November – Anti-Bullying Week

Tuesday 12th November – Odd Socks Day

Thursday 14th Nov – Rec - Y2 watching Dogtanian & The 3 Muskerhounds (IntoFilm Festival)

Friday 15th November – Children in Need Day

Tuesday 19th November - Y3 - Y6 watching Harold & the Purple Crayon (IntoFilm Festival)

Thursday 21st November – Open Landing Afternoon for Parents / Carers

Thursday 28th November – Y1 Trip to Techniquest

Friday 6th December – PTA Christmas Fair.

Thursday 12th December – Christmas Jumper Day

Monday 16th December - Christmas Carols @ All Saints Church

Friday 20th December – Last day of Autumn term 2024.

Monday 23rd December – Friday 3rd January 2025 – Christmas Holiday

Monday 6th January - Start of Spring Term A 2025.

'As many hands build a house, so many hearts make a school.' 'Mae angen dwylo niferus i adeiladu ty , felly mae angen sawl calon i greu Ysgol'



NHS Online Cognitive Behavioural Therapy Service to Support Young Minds



1 in 6 young people experience mental health challenges

If your child is experiencing symptoms of anxiety or low mood, they are not alone. As a parent or carer trying to support them, help is here for you.

Cognitive Behavioural Therapy (CBT) can help young people manage anxiety by encouraging them to understand how they think, feel and behave.

Parents can sign up for a free 12- week online CBT programme to support children and young people aged 4-18 who are experiencing mild-to-moderate anxiety.

Teens aged 16-18 can also sign up for their own free programme independently of a parent.

Helping you help them

Programmes feature tools and activities to try at home. Support your child to build skills to manage their anxiety and thrive.

Access anytime, anywhere

Sign up for free online therapy via smartphone, tablet, laptop or desktop computer. It's available 24 hours a day, 7 days a week. No need to be referred by a GP.

Go at your own pace

Family life is busy. Complete online programmes at your own pace over 12 weeks. For best results, use it for 15-20 mins per day, three to four times a week

Online therapy with a human touch

You'll be allocated a SilverCloud Supporter who will check in with you online every two weeks to review your progress and provide feedback.

Sign up here: nhswales.silvercloudhealth.com/signup









